

## Settling Into the Groove of a New Semester

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Christmas break has come and gone, which means it's time for the new semester to begin. Like the new year, a new semester is when you can start fresh and make changes to things in your life such as study habits, campus involvement, and getting back into shape. If students didn't do quite as well with grades last semester as they'd hoped, then now can be a good time to develop new skills and study habits. Lake State has many available resources for students to be successful academically such as the learning center, where you can get find tutors for many classes, and programs such as supplemental instruction (SI), and IPASS. A change that Ricky Naida wants to make this semester is to attend class more so "I can do well in my classes." School is the main reason why we are all here, so doing your best is very important to your future. If it seemed as though there wasn't enough to do last semester, or this semester seems to produce more free time, students can become more involved. There are many clubs and organizations on campus that fit almost every student's interest. Being involved on campus is not only fun, but it is a great way to meet many new people and make new friends. Getting a job either on campus or in town is also another way to be out of the dorm room and become more active, not only on campus but in the community as well. School can be very stressful at times, but one also has to remember to take care of their self. Kevin Bykkonen said that "This semester I plan on hitting the gym more to get myself back in shape." Exercise can also be a way to blow off steam, or relieve stress. The Student Activity Center in Norris is an excellent place to get back into shape alone, or with friends. Every semester is just as important as the one before, so all students should keep in mind to do well, and not waste that money, or time.