

Student Success Seminars

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On Thursday and Friday before Spring Break, several staff members from the Learning Center gave presentations for the Student Success Seminars program. Among the topics covered were Basic Grammar, Memory and Concentration, and Notetaking and Study Strategies. The seminars are aimed at students of all levels, learning styles, and degree paths.

Topics discussed are intended to refresh students on things like MLA style, APA style, and basic grammar, or to introduce them to new ideas about how to learn best and make themselves more likely to succeed. It's a great opportunity to create positive study habits and improve chances of academic success.

The seminars are all free and are open to all students. They are presented in a casual manner, more like a forum than a presentation, and serve to allow participants to learn how to be effective students from each other. The presentations are one of the best ways to adjust to life as a college student. They help students master time management and learn the best way to earn the best grade they can with minimal stress. Speaking of stress, if you're struggling with your workload, other topics also include Test Anxiety and Stress Management. Essentially, the success seminars are a great way to make oneself a better student, a more effective student, and therefore a happier, less-stressed person.

Seminars are offered every other Tuesday at 4 pm (look around campus for the flyers), but at least twice a semester the Learning Center staff sets aside two or three days to present other important information. There will be another set of seminars before the semester concludes. Check Anchor Access for details on dates, times, and topics.

The Learning Center is open from 8 am to 9 pm on Monday through Thursday, 8 am to 5 pm on Friday and 5 pm to 9 pm on Sundays. For more information about success seminars stop by the Learning Center.