

## New Volleyball Assistant Scott Hosie

Contributed by Jared Buchholz  
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The LSSU volleyball program recently added a new member to their faculty, the 23 year old Scott Douglas Hosie. He graduated from LSSU in the spring with a degree in Exercise Science, focusing on Strength and Conditioning.

“The head volleyball coach, Mark Engle, was looking for an assistant to handle the Strength and Conditioning part of the sport. Since I had the bachelor’s degree in the field, I was told about the job. That’s how I got into the job.” Said new asst. coach Scott. “As the assistant coach I help the head coach will different things. Such as the business end of the sport and a lot of the behind the scenes stuff. I basically do whatever he needs.” In regard to his the conditioning of the team he continued, “I also run a conditioning session a few times a week. We condition and weight lift. It is my main responsibility to make sure that the team is strong and fit for competition.” He went on to say, “I hope that the ladies will be strong and conditioned enough to compete in the GLIAC (Great Lakes Intercollegiate Athletic Conference).”

The team is looking to bounce back from a disappointing season where they only won only 5 matches and only 2 in the conference. “The athletes and coaches are all pretty excited about the season. We all feel we have the talent and potential to go far in the conference,” said Scott.

Besides his obvious ties to Laker athletics, Scott said “I have been a fan of Laker athletics since I came here in 2002. I went to most of the home games.”

Scott was also a hard working athlete here at LSSU. As a walk on member of the Cross Country team. Scott was the number one runner on the team in his Junior and Senior years. “I guess I kind of worked my way up through the ranks.” He said.

As to whether or not he is going to be an assistant coach next year he said, “I’ll probably be here for just this year. I’d like to go to Colorado. Ideally, I would like to find a job as a Strength and Conditioning coach for some university.”